

Faithlessness

There wasn't a specific moment when it started. It's been more of a gradual thing. A drip, drip, drip of doubt, disaffection, discomfort. People around me noticed my different behaviour, the irritability. An inability to find calm or satisfaction or fulfilment.

And when you look at all these symptoms, you might say I'm in the middle of a crisis, that I can't even give a name. Of course one's read or heard about other people hitting that crisis, and you know, just like them you look in all the usual places, resort to all the usual things to try and make yourself feel better.

One starts to see that something is missing: **faith**.

I'm here to admit to you, I can't seem to find it. And without it, what is there?

The loneliness, emptiness and anti-climax of trying to achieve all those things in life to find nothing but an illusion. That is what **faithlessness** is.

As opposed to finding wonder, ecstasy, the miracle of divine creation, transcendence and purpose.



What am I trying to say? I'm trying to say that the solution to our problems. I think, is not in the achievements, successes or courage.

No, the answer is within ourselves. The mind, the heart, soul or where that **faith** resides.

Help.

Help me.

Help each other.

Help finding **faith**.

~ Philip Windsor
'The Crown' - Netflix